



Holy Family CYO Track Meet Saturday May 24, 2025

Schedule:

<u>Grades K-3</u> Coaches meeting 9:00 AM, clerking 9:15 AM. <u>Grades 4-8</u> Coaches meeting 12:15 PM, clerking 12:30 PM.

Two race limit per athlete.

Medals will be awarded to 1st, 2nd, 3rd, & 4th places in each heat.

LOCATION: Holy Trinity Diocesan High School 98 Cherry Lane, Hicksville, NY 11801

COST: \$400.00 per parish or if you prefer a "swap" if we are coming to your meet.

DIRECTIONS/PARKING:

We recommend that you google for directions. Note that although the entrance is on Cherry Lane you can also approach and enter the track from Newbridge Road (Route 106). PARKING: The school has a medium sized lot that fills fast.

ADDITIONAL INFO: Refreshments, restrooms and bleacher seating will be available. Volunteers from each parish to assist are welcome.

CONTACT:

Bryan DeRuvo (516) 474-7028 bderuvo@gmail.com

EVENTS	GRADES							
	K	1	2	3	4	5	6	7&8
200 Relay								
(50-50-50-50)	X	X	X	X				
250 Medley								
(50-50-50-100)	X	X	X	X				
300 Medley								
(100-50-50-100)	X	X	X	X				
400 Relay (100-100-								
100-100)					X	X	X	X
400.75 11 (400.70								
400 Medley (100-50-					37	37	37	37
50-200)					X	X	X	X
000 D -1 (200 200								
800 Relay (200-200-					v	v	v	v
200-200)	V	V			X	X	X	X
50 Meter Dash	X	X	37	37	37	37	37	37
100 Meter Dash			X	X	X	X	X	X
200 Meter Dash			X	X	X	X	X	X