

2025 St. Aidan's Track Meet

When: Saturday, May 17, 2025

Time: Grades K & 1 - Coaches meeting at 8:35am: first race at 8:45am
Grades 2 & 3 - Coaches meeting at 10:20am: first race @ 10:30am
Grades 4&5 - Coaches meeting at 12:05pm: first race @ 12:15pm
Grades 6 to 8 - Coaches meeting at 1:50pm: first race at 2:00pm

Awards: Medals: 1st to 3rd place

Note: there will be no medal race in the afternoon.

Please limit to 2 teams per event and no more than **3 medals** for each child.

Cost: \$ 400.00 per team, **(Smaller teams contact me for a reduced fee).**

Where: New Hyde Park Memorial High School, 500 Leonard Boulevard, New Hyde Park, New York 11040. **(USE THE DIRECTIONS BELOW TO PARK IN THE SCHOOL LOT OFF OF EVERGREEN AVENUE).**

Directions: If you are traveling **East** on **Jericho Turnpike**, make a left on Denton Avenue. Go two traffic lights to Evergreen Avenue and make a left. Go up the hill. The school parking lot is on your left.

If you are traveling **West** on **Jericho Turnpike**, make a right on Denton Avenue. Go two traffic lights to Evergreen Avenue and make a left. Go up the hill. The school parking lot is on your left.

If you are traveling **East** on **Hillside Avenue**, make a right on Denton Avenue and stay to your right. Go to the first traffic light to Evergreen Avenue and make a right. Go up the hill. The school parking lot is on the left.

If you are traveling **West** on **Hillside Avenue**, make a left on Denton Avenue and stay to your right. Go to the first traffic light to Evergreen Avenue and make a right. Go up the hill. The school parking lot is on the left.

Registration: Please make checks payable to: **St. Aidan's CYO**, and send to: Danielle Klimek 76 Cornwell Ave, Williston Park, NY 11596, **or bring with you to the meet.**

Miscellaneous: **No bathroom facilities** - 2 Porta potties will be available
There will be a food truck available to purchase food and drinks

Questions: Please contact: Stephanie Zito (631) 236-7623 Danielle Klimek (347) 443-5136

**** We will have a 50 Meter Champions Race for children with special needs in between the morning and afternoon sessions. Please tell your parents. ****

Schedule of events

We will be using a split session format for both the morning and afternoon sessions.

The morning session will be split as follows:

Kindergarten & 1st grade - Girls & Boys

Coaches meeting at 8:35am. The first race will start at 8:45am.

200 meter relay - 4 X 50

300 meter relay - 100 - 50 - 50 - 100

400 meter relay - 4 X 100, MEDAL RACE

50 meter dash, (time permitting)

2nd & 3rd grade - Girls & Boys

Coaches meeting at 10:20am. The first race will start at 10:30am.

200 meter relay - 4 X 50

300 meter relay - 100 - 50 - 50 - 100

400 meter medley relay - 100 - 50 - 50 - 200, MEDAL RACE

50 meter dash, (time permitting - we will use both sides of the track)

100 meter dash, (time permitting - we will use both sides of the track)

The morning session will be split as follows:

4th & 5th grade - Girls & Boys

Coaches meeting at 12:05pm. The first race will start at 12:15pm.

1/2 mile run - medals to all finishers

300 meter medley relay - 100 - 50 - 50 - 100

400 meter relay - 4 X 100

400 meter medley relay - 100 - 50 - 50 - 200

200 meter dash, (time permitting)

6th to 8th grade - Girls & Boys

Coaches meeting at 1:50pm. The first race will start at 2:00pm.

1 mile run - medals to all finishers

300 meter medley relay - 100 - 50 - 50 - 100

400 meter relay - 4 X 100

400 meter medley relay - 100 - 50 - 50 - 200

400 meter dash, (time permitting)